Inside InterNations

The World's Largest Expat Community

Network & Communicate
Find international people in their city who share your interests
Build your professional and personal network all around the world
Stay in touch — online and in person

Meet & Mingle
Meet other expats and global minds at 600 monthly official events
Share interests at more than 5,300 monthly activities
Volunteer with social projects in their city

Exchange & Share
Get in-depth information in country and city guides
Read articles about expats' personal experiences
Exchange tips and discuss expat life with other members in the forum

4+ Million Members in 420 Communities

Top Nationalities
1 US American
2 British
3 Indian
4 German
5 French
6 Italian
7 Spanish
8 Brazilian
9 Russian
10 Canadian

Top Countries of Residence
1 USA
2 Germany
3 UK
4 Spain
5 UAE
6 France
7 Switzerland
8 Italy
9 China
10 Canada

Our Story

2007
Maite Zeeck and Philipp von Plato decide to build an online platform that will make expat life easier.

2008
InterNations goes live with 235 local communities around the world.

2009
The new Albatross Membership (premium) provides InterNations with a solid revenue stream.

2012
New interest-based groups give members the opportunity to get together for smaller activities.

2013
InterNations celebrates 1 million members and a global network of 390 communities.

2014
InterNations conducts the first Expat Insider survey, one of the world's largest surveys about expat life.

2017
InterNations turns 10! More than 280 dedicated anniversary events take place around the world.

2019
InterNations GO! launched to offer relocation solutions for anyone moving abroad.

2020
With a pandemic impacting life globally, InterNations introduces online events.
What is an expat? ex.pat / eks’pat /

Traditionally, the term expat has been used to describe skilled professionals and executives sent abroad by their employer. But today, expats are as diverse as their reasons for moving and the places they move to. That’s why at InterNations, we describe expats as anyone who lives outside their native country, normally on a temporary basis.

Top Reasons for Moving Abroad

37% move for work
“When my company offered me the assignment, I snapped it up. But starting from scratch again was daunting. InterNations helped me build my professional network and get to know my new home.”

24% move for the lifestyle
“After years in the city, I was ready for a different pace. Navigating the bureaucracy was hard, but I got lots of advice in the InterNations Forum. With more leisure time, I also take part in many of the activities.”

23% move for love or family
“Living in different countries, we were sick of doing long distance. I arrived with no job, knowing no one except my partner’s family. Meeting people at InterNations that were in the same situation really helped.”

Expat Insider Survey

Each year, InterNations conducts one of the world’s largest expat surveys, asking thousands of expats about life abroad. Here are the top destinations for 2020:

Top Destination
Taiwan

Quality of Life
Taiwan

Ease of Settling In
Mexico

Working Abroad
Taiwan

Personal Finance
Colombia

Find more results here

Membership Roles

Basic Members
Access to official events, networking features & member search.

Albatross Members
Free/reduced entry to events, can join interest-based groups.

Consuls
Local InterNations representatives who organize activities within their groups.

Ambassadors
Local InterNations representatives who organize official events.

For more information, check out our press page or contact press@internations.org. InterNations GmbH, Schwanthalerstr. 39, 80336 Munich, Germany | www.internations.org